

PACKING *List*

COMPULSORY ITEMS

ON THE BIKE

- Bike
- Helmet
- Sunglasses
- Cycling jersey
- Baselayer
- Gilet
- Warm cycling jacket
- Bibshorts & baggies
- Gloves
- Socks
- Cycling shoes
- Sunscreen
- Bum cream
- Energy bars/gels
- Energy drinks
- Cable ties
- GPS unit
- Rain jacket
- Hydration pack
- Water bottles
- Pump
- Multi-tool
- Chainbreak & links
- Bombs
- Lube

OFF THE BIKE

- Sleeping bag & pillow
- Towel
- Slops
- Cash & credit card
- Cellphone & chargers
- Headlamp
- Swimming costume
- Shorts & shirts
- Deoderant
- Shower gel
- Sleeping pills
- Ear plugs
- Arnica/Iceman
- Very warm jacket
- Tracksuit pants
- Underwear
- Camping chair
- Washing powder
- Pegs
- Plastic bag
- Recovery drink
- Hydration drink
- Pills & vitamins
- Hairbrush
- Lip balm
- Lock for tent

ACCOMMODATION

Reminder

What you booked and where you are staying.

STANDARD TENT

- 1x canvas tent
- 2x mattresses
- Closest to the race village
- Shared ablutions
- Available from registration (Tour & 2-Day)
- Available from day 1 (Descent)

KUDU TENT

- 1x larger canvas tent
- 2x beds
- 2x mattresses
- 100m-300m from the race village
- Shared ablutions
- Available from registration (Tour & 2-Day)

WEAVER TENT

- 1x extra large canvas tent
- 2x beds with linen & proper mattresses
- 2x chairs
- 400m from the race village
- Shared ablutions
- Shared charging station at camp
- Available from registration (Tour & 2-Day)
- Available from day 1 (Descent)

KINGFISHER TENT

- 1x extra large canvas tent
- 2x beds with linen & proper mattresses
- 2x chairs
- Side table & lamp
- Electricity in your tent
- 500m from the race village
- Private ablution block in camp
- Available from registration day

SELF CAMPING/B&B

- Drinking basins provided & ablutions nearby
- 50m from race village
- Only official riders allowed
- Limited shade
- Electricity not provided but charging stations for e-bikes available
- Available from registration

EM'SENI ROOM

- In the race village
- 2x bunk beds (4 beds)
- Pillows & bottom sheets
- Electricity in the room
- Shared ablutions with gas showers
- Available from registration (Tour & 2-Day, day 1 of the Descent)